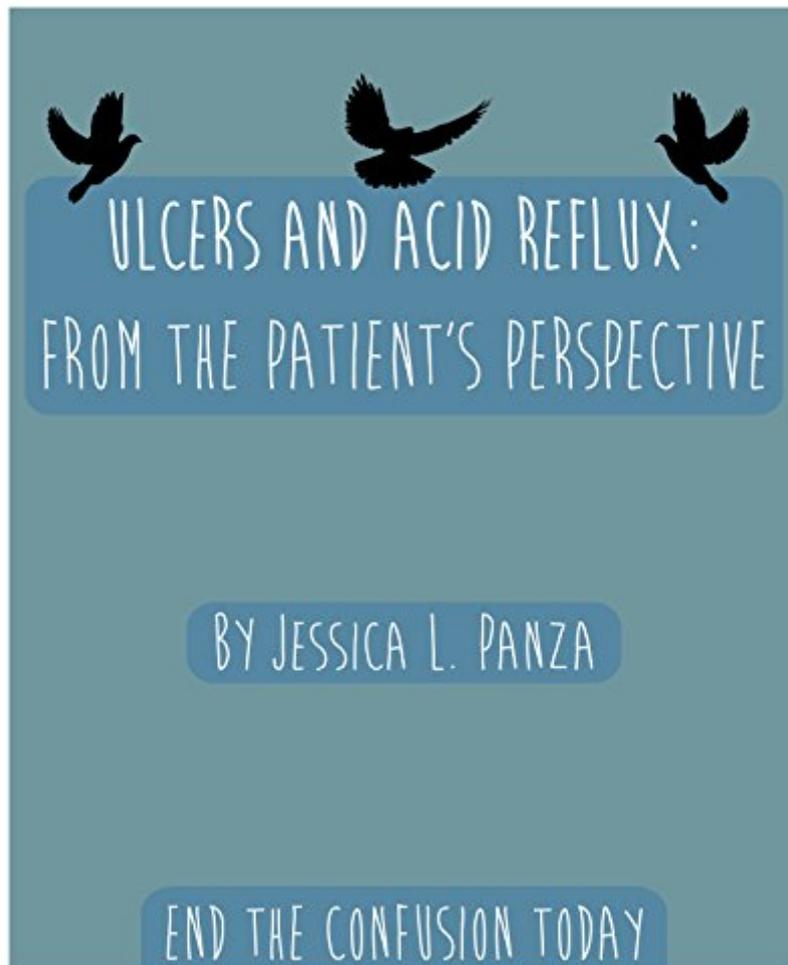


The book was found

Ulcers And Acid Reflux: From The Patient's Perspective



Synopsis

This is a short guide to helping people with ulcers and acid reflux. You will find information about what to and not to eat, meal ideas, how ulcers are caused, how to deal with anxiety caused by ulcers and much more. This guide is written from the patient's perspective in order to give the reader a point of view of someone who has experienced both stomach ulcers and acid reflux. Gain insight into the symptoms your body is experiencing and how to control them from somebody who has gone through them before and has felt what you have felt.

Book Information

File Size: 447 KB

Print Length: 31 pages

Simultaneous Device Usage: Unlimited

Publication Date: September 3, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00NAMUXCA

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,701,286 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #89

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Ulcers & Gastritis #1952

in Kindle Store > Kindle Short Reads > 45 minutes (22-32 pages) > Teen & Young Adult #5052

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